

# Imagine the *Touch of Silk*<sup>®</sup>

Massaging your worries away

*Introducing The*

## *Touch of Silk*<sup>®</sup>



The Madison Avenue Collection, Inc.

The *Touch of Silk*<sup>®</sup> Body Massage Candle

Unlike anything you have tried before.

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# What is **Touch of Silk**® Body Massage Candle?

Our body massage candle is a unique formula of Coconut Oil, Skin Nourishing Butters, 100% pure Essential Oils, and all natural Palm Wax designed to bind the butters and oils together. The butters were chosen for their healthy benefits to your skin. The essential oils we use complement each other as well as giving you all the therapeutic benefits they are known for. Most body massage candles on the market today are primarily soy wax with essential oils. We wanted to make a body massage candle that was healthier for your skin than massaging melted wax into your body, and we have accomplished that. The Touch of Silk® Body Massage Candle is truly unlike anything you have experienced before.



## How do you use the candle?



There are two ways to use your Touch of Silk® body massage candle. The first way is to light the “candle” and let a melt pool form on the top. This may take approximately 20 – 30 minutes. Extinguish the flame and let the candle cool for up to 2 minutes in order to obtain your desired heat temperature. Dip your fingers into melt pool and massage into your skin or drizzle melted butters onto your skin and massage in. The second

way is to just glide your fingers over the top of the candle and the skin nourishing butters will melt upon skin temperature.

## What are the benefits of **Touch of Silk**® Body Massage Candles?

**Shea Butter** - Obtained from the seed of the Karite Tree. The butter that is expeller pressed from the seed is known to aid in the rehydration of dry skin.

**Cocoa Butter** - Made from the fruit of the Cocoa Tree. The butter is extracted from the seed kernels and is helpful in reducing skin dryness and improves skin elasticity.

**Aloe Butter** - Extracted from Aloe Vera using a coconut fraction. This butter enhances moisturization along with the legendary properties of Aloe, like healing the skin.

**Coconut Oil** - Often times referred to as the Tree of Life. Coconut oil is rich in lauric acid and has antibiotic and antiviral agents. Coconut oil is very nourishing to the body and increases strength.

# **Touch of Silk® Body Massage Candle**

## **Therapeutic Blends**

### ***Detoxifying***

Detox is a blend of orange, lemon, coriander, and juniper.

**Orange/Sweet** – Antidepressant, antiseptic, antispasmodic, aphrodisiac, deodorant, digestive, stimulant (nervous) tonic (cardiac, circulatory) combat colds, constipation, dull skin, flatulence, flu, gums, slow digestion and stress.

**Lemon** – Cleanser, antiseptic, refreshing and cooling properties, enhances ability to concentrate. High antibacterial properties.

**Coriander** – Analgesic, aphrodisiac, anti-spasmodic, deodorant, digestive, fungicidal, revitalizing, stimulant. Refresh & awaken the mind. Helps mental fatigue, migraine pain, tension and nervous weakness. Warming effect helps to alleviate pain such as rheumatism, arthritis and muscle spasms.

**Juniper** – Supportive, restoring and tonic aid. Good for meditation. Popular oil in weight loss and detoxifying blends. Purifying and clearing.

*Avoid during pregnancy.*

### ***Energizing***

Energizing is a blend of peppermint, rosemary, orange, and eucalyptus.

**Peppermint** – Combat stomach ailments, antispasmodic, antimicrobial, cooling effect (constricts capillaries) helps with bruises and sore joints.

**Rosemary/Spanish** – Stimulates cell renewal, improves dry or mature skin, eases lines and wrinkles, heals burns and wounds. Clears acne, blemishes or dull dry skin by fighting bacteria and regulating oil secretions. Improves circulation and can reduce appearance of broken capillaries and varicose veins. Helps mental fatigue and sluggishness by stimulating and strengthening entire nervous system. Enhances mental clarity while aiding alertness and concentration. *Avoid if pregnant, epileptic or high blood pressure.*

**Orange/Sweet** – Antidepressant, antiseptic, antispasmodic, aphrodisiac, deodorant, digestive, stimulant (nervous) tonic (cardiac, circulatory) combat colds, constipation, dull skin, flatulence, flu, gums, slow digestion and stress.

**Eucalyptus** – Fantastic on skin ailments (burns, blisters, wounds, insect bites, lice and skin infections) combats effects of colds and flu. Apply to sore muscles and joints. *Avoid during pregnancy.*

# ***Touch of Silk*<sup>®</sup> Body Massage Candle**

## **Therapeutic Blends**

### ***Harmony***

Harmony is a blend of pink grapefruit, lavender, and rosemary.

**Grapefruit/Pink** – Spiritual up-lifter, ease muscle fatigue and stiffness. Purifier of congested, oily and acne prone skin.

**Lavender 40/42** – Analgesic, anticonvulsant, anti-depressant, antimicrobial, antiseptic, antispasmodic, antitoxic, deodorant, insecticide, sedative, stimulant, tonic. *Avoid high doses if pregnant.*

**Rosemary/Spanish** – Stimulates cell renewal, improves dry or mature skin, eases lines and wrinkles, heals burns and wounds. Clears acne, blemishes or dull dry skin by fighting bacteria and regulating oil secretions. Improves circulation and can reduce appearance of broken capillaries and varicose veins. Helps mental fatigue and sluggishness by stimulating and strengthening entire nervous system. Enhances mental clarity while aiding alertness and concentration. *Avoid if pregnant, epileptic or high blood pressure.*

### ***Lavender***

**Lavender 40/42** – Analgesic, anticonvulsant, anti-depressant, antimicrobial, antiseptic, antispasmodic, antitoxic, deodorant, insecticide, sedative, stimulant, tonic. *Avoid high doses if pregnant.*

### ***Lavender Mint***

Lavender Mint is a blend of lavender and spearmint.

**Lavender 40/42** – Analgesic, anticonvulsant, anti-depressant, antimicrobial, antiseptic, antispasmodic, antitoxic, deodorant, insecticide, sedative, stimulant, tonic. *Avoid high doses if pregnant.*

**Spearmint** – Local/topical anesthetic, antispasmodic, astringent, decongestant, digestive stimulant, restorative. Alleviates fatigue and depression.

### ***Patchouli Rosewood***

**Patchouli** – Combat nervous disorders, sores, acne, skin irritation, antiemetic, antimicrobial, antidepressant, anti-inflammatory, antitoxic, antiviral, aphrodisiac, bactericidal.

**Rosewood** – Bactericidal, antifungal, antiviral. *Avoid during pregnancy.*

# ***Touch of Silk*<sup>®</sup> Body Massage Candle**

## **Therapeutic Blends**

### ***Rosemary Mint***

**Rosemary/Spanish** – Stimulates cell renewal, improves dry or mature skin, eases lines and wrinkles, heals burns and wounds. Clears acne, blemishes or dull dry skin by fighting bacteria and regulating oil secretions. Improves circulation and can reduce appearance of broken capillaries and varicose veins. Helps mental fatigue and sluggishness by stimulating and strengthening entire nervous system. Enhances mental clarity while aiding alertness and concentration. *Avoid if pregnant, epileptic or high blood pressure.*

**Spearmint** – Local/topical anesthetic, antispasmodic, astringent, decongestant, digestive stimulant, restorative. Alleviates fatigue and depression.

### ***Uplifting***

Uplifting is a blend of lemon, bergamot, and pink grapefruit.

**Lemon** – Cleanser, antiseptic, refreshing and cooling properties, enhances ability to concentrate. High antibacterial properties.

**Bergamot** – Treats depression, stress, tension, fear, hysteria, infection (all types including skin) anorexia, psoriasis, eczema and general convalescence.

**Grapefruit/Pink** – Spiritual up-lifter, ease muscle fatigue and stiffness. Purifier of congested, oily and acne prone skin.

### ***Revitalizing***

Revitalizing is a blend of Juniper, Lime, and Petitgrain.

**Juniper** – Supportive, restoring and tonic aid. Good for meditation. Popular oil in weight loss and detoxifying blends. Purifying and clearing. *Avoid during pregnancy.*

**Lime** – Good for oily skin, acne, bronchitis, colds and flu. Cooling and uplifting on the mind and body, brings fresh energy, clears the mind.

**Petitgrain** – Fresh, relaxing, calms anger and stress. Good for oily skin and acne.

# ***Touch of Silk*<sup>®</sup> Body Massage Candle**

## **Therapeutic Blends**

### ***Stimulating***

Stimulating is a blend of Basil, Lavender, and Lemongrass.

**Basil** - Stimulates circulation, especially the respiratory system, clears sinuses, promotes digestion, prized in Ayurvedic Medicine for ability to strengthen compassion, faith & bring clarity. *Avoid during pregnancy.*

**Lavender 40/42** – Analgesic, anticonvulsant, anti-depressant, antimicrobial, antiseptic, antispasmodic, antitoxic, deodorant, insecticide, sedative, stimulant, tonic. *Avoid high doses if pregnant.*

**Lemongrass** – Invigorating and antiseptic properties, excellent anti depressant, tones and fortifies the nervous system, soothes muscular nerves and pain. Refreshing, stimulating and balancing. Good for oily, mature and inflamed skin. Also good for headaches, nervous exhaustion and stress. *Avoid if you have glaucoma and not recommended for children.*

### ***Soothing***

Soothing is a blend of Cypress, Juniper, and Lemon.

**Cypress** – Combats excessive perspiration, good for stress, bronchitis, menopause, muscular cramps and nervous tension, good for oily skin, varicose veins, relaxing and soothing nerves.

**Juniper** – Supportive, restoring and tonic aid. Good for meditation. Popular oil in weight loss and detoxifying blends. Purifying and clearing. *Avoid during pregnancy.*

**Lemon** – Cleanser, antiseptic, refreshing and cooling properties, enhances ability to concentrate. High antibacterial properties.

### ***Toning***

Toning is a blend of Fennel, Grapefruit, and Lemon.

**Fennel (Sweet)** – Antiseptic, antispasmodic, stimulant, invigorating, restoring & warming. *Avoid using if pregnant, lactating women, endometriosis and epilepsy.*

**Grapefruit/Pink** – Spiritual up-lifter, ease muscle fatigue and stiffness. Purifier of congested, oily and acne prone skin.

**Lemon** – Cleanser, antiseptic, refreshing and cooling properties, enhances ability to concentrate. High antibacterial properties.



# Coconut – The Tree of Life



The Coconut Palm is known as the *Tree of Life* in the Pacific Islands. This is due to the vast use of this tree. It provides a nutritious source of meat, juice, milk, and oil that is rich in fiber, vitamins, and minerals. Coconut is the staple used in some medicines and is high in antioxidants and lauric acid. For years people in the Pacific Islands have known about the healing benefits of this wonderful tree and now people in the rest of the world are learning of the great benefits of the *Tree of Life*.

## Benefits when applied topically

- Helps to form a chemical barrier to ward off infection.
- Reduces symptoms associated the psoriasis, eczema, and dermatitis.
- Helps to support the natural chemical balance of the skin.
- Moisturizes the skin and helps relieve dryness and flaking.
- Supports tissue healing and repair
- Helps prevent wrinkles, age spots, and sagging skin.
- Promotes a healthy complexion.
- Helps to prevent damage to the skin from the suns UV rays.
- Helps to keep hair healthy, and controls dandruff.
- Great for sunburns.
- Functions as a protective antioxidant
- Helps to protect the body from harmful free radicals that promote premature aging.
- Penetrates readily and deeply into the cell structure of underlying tissues, strengthening and repairing skin

These are just a few examples of what coconut oil can do for your skin. The Pacific Islanders have known this for generations and now we too can experience the healing benefits of this extraordinary tree.